



All Meals include 1% or Low-Fat Chocolate Milk.
Lactose Free available by Request.

December 2025

Richland County Senior Dining

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Ala King Over a Biscuit Broccoli & Carrots Pineapple & Orange Fluff	2 Spaghetti w/Meat Sauce Mixed Vegetables Coleslaw Garlic Toast	3 Pot Roast Roasted Potatoes, Onions & Carrots Chunky Applesauce WW Roll	4 Pulled Pork Slider Hot German Potato Salad Pumpkin Bar	5 Beef, Bean & Rice Casserole w/Corn Chips Garlic Green Beans Fruit salad Strawberry Ice-cream
8 Beef & Lentil Sloopy Joes on a Wheat Bun Pickled Beets Roasted Potatoes Fresh Apple Slices	9 Grilled Chicken w/Mushroom Gravy Brown Rice Carrots Tropical Fruit	10 Roast Pork Loin Mashed Potatoes w/Gravy California Blend Vegetables Blushing Pears WW Bread	11 Beef Cabbage Soup w/WW Crackers Lettuce Salad w/Dressing Banana Bread Stick	12 Baked Cod Baked Potato w/Sour Cream Mixed Vegetables Apple Slaw WW Roll
15 Hamburger on a WW Bun w/Lettuce, Tomato, Onions Peas & Cheese Pasta Salad Baked Beans Oranges	16 Scrambled Eggs w/red peppers Sausage Gravy over a Biscuit Fried Potatoes Blueberry Scone	17 Baked Chicken Dressing w/Gravy California Blend Vegetables Cranberry Salad	18 Meatballs in Mushroom Sauce Rice Green Beans Peaches WW Roll	19 Tuna Casserole Broccoli 5 Cup Fruit Salad Wheat Bread Stick
22 Goulash w/Kidney Beans Corn Pears French Bread	23 Meatloaf Au gratin Potatoes Italian Blend Vegetables Strawberry Yogurt Wheat Roll	24  Christmas Eve CLOSED	25  Christmas Day CLOSED	26 Glazed Ham Baked Sweet Potato Green Bean Cass. Cherry Cheesecake WW Roll
29 Creamy Lemon Garlic Chicken Over Brown Rice Asparagus Cottage Cheese w/Peaches	30 Pork Chop Scalloped Potatoes Warm Beets Applesauce WW Roll	31  New Year's Eve CLOSED	Remember to keep steps and sidewalks clear of snow and ice. 	

All menu items are prepared in a kitchen that is not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact and thus cannot offer a substitution item.

Richland County Meal Sites

Germantown 608-983-2786 or
608-983-2798
Richland Center 608-647-2323
Rockbridge 608-649-3269 or
608-647-3900

Meals subject to change
without notice.
**ADRC 608-647-4616 or
877-794-2372**